PEDIATRIC MENTAL HEALTH INSTITUTE

Psychology Externship Training Program

Cystic Fibrosis Pediatric Psychology Rotation

2027-2028

Children's Hospital Colorado/University of Colorado School of Medicine offers a psychology externship training program in Pediatric Psychology. Externs will have the opportunity to work with patients diagnosed with cystic fibrosis (CF), from infancy through young adulthood. We encourage inquiries and applications from all qualified individuals. Please see the requirements below.

Number of Positions: 1

Time Commitment: 8 hours per week

- Schedule will be determined based on trainee's needs and CF clinic schedules.

Dates: August 2, 2027 – May 31, 2028

*Please note: MANDATORY ORIENTATION is held during the first week of the externship.

*End date may be flexible based on supervisor and training director approval.

Requirements:

- Be enrolled in at least the 3rd year of an APA accredited Doctoral Program in Clinical, Counseling, Clinical Health, or School Psychology
- Have previous experiences in a medical setting or completed at least one year of a CHCO externship
- Have experience with child and/or adolescent clinical intervention
- Have proof of malpractice coverage: must be provided by the extern's training institution or by the extern prior to the start date
- Be available to start the externship on June 21, 2027

**Those applicants selected for externship will be subject to drug screening and criminal background checks. Unacceptable results on the criminal background check or drug screening may result in dismissal from the program.

APPLICATION PROCEDURES

A completed application consists of the following materials:

1. Cover Letter
2. Curriculum Vitae
3. 2 letters of recommendation
4. Attestation of Professional Conduct
5. Extern Application Face sheet

Emailed by *February 1, 2027* at *5pm* to the following:

1. CHCO Psychology Training Program email
   Email: CHCOPsychTrainingprogram@childrenscolorado.org
2. If you have questions, please email Kelbie Burdis-Beers, Operations Coordinator
   Email: Kelbie.Burdis-Beers@childrenscolorado.org

Recruitment Timeline

February 1, 2027 @ 5pm:	Application deadline (early submissions encouraged!)
February 4-19, 2027:	Interviews scheduled (early interviews available with early, complete submissions)
March 4, 2027:	Positions offered (prompt confirmation of acceptance/declination requested)

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Supervision

The goal of supervision is to support the extern during exposure to new patient populations, assessment tools and intervention strategies, and to build feelings of competence and functional autonomy in areas of strength. Additional supervision and consultation will be provided as needed.

DUTIES OF PSYCHOLOGY TRAINEES

Externs will have the opportunity to work with children diagnosed with cystic fibrosis (CF), from infancy through young adulthood. Support and intervention will be provided in the outpatient CF clinic as part of patients' routine medical care, outpatient sick visits, and on the inpatient medical floor during CF-related admissions. Externs will work collaboratively within the multidisciplinary team that includes pulmonologists, nurse practitioners, pharmacists, dieticians, physical therapists, respiratory therapists, nurses, and social workers. Common referral issues for psychology to address include grief and stress at the time of diagnosis, adjustment to diagnosis and coping with CF, medical adherence, mood difficulties, behavioral challenges, school and social challenges, coping with medical admissions, coping with the impact of CF on quality of life, and mental health issues impacting CF. Externs will have the opportunity to observe a range of clinical services, including brief consultation and assessment, longer-term psychotherapy, and consultation within the larger community and with schools. Supervisors will work with the trainee to identify goals for the rotation and opportunities to participate in clinical services. The group experience involves opportunities for participating in a process group for parents of babies newly diagnosed with CF, a wellness group co-led with the physical therapist for adolescents with CF, and a monthly support group for teenagers with CF.

Externship Components

Externs are exposed to a variety of treatment approaches, interventions, and modalities through instruction and observation to augment their previous clinical experiences. These training experiences are organized to provide direct clinical, assessment, and consultation experiences in pediatric psychology.

Type of clients served on this externship

Children and adolescents with CF, ages 0-21, and their families served in Children's Hospital Colorado. Patients are representative of Colorado and the surrounding states.

General Information:

Supervised by: Emily Muther, PhD & Emma Lyons, PhD

Theoretical Orientation: Behavioral; Cognitive-Behavioral; Family Systems; Developmental Framework

Supervision format: Individual; Group

Ratio of hours (supervision to clinical hours): 1:8

Number of psychology trainees on site: 1 postdoctoral fellow, 1 psychology intern, 1 field placement extern

Number of hours/week externs work for this rotation: 8

Pay: None at this time

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