PEDIATRIC MENTAL HEALTH INSTITUTE

Psychology Externship Training Program

Gastroenterology Rotation

2027-2028

Children's Hospital Colorado/University of Colorado School of Medicine offers a psychology externship training program in Pediatric Health Psychology within the Digestive Health Institute. Externs will gain experience providing integrated behavioral health services across a variety of subspecialty clinics, including Neurogastroenterology/Motility, Inflammatory Bowel Disease, Pancreatitis clinic, Juvenile Polyposis Clinic, Celiac Disease Clinics, and our GI Psychology co-located outpatient clinic. Working alongside psychologists, medical providers, nurses, dieticians, physical and occupational therapists, and social workers, externs will learn to evaluate and treat children and adolescents with complex and chronic gastrointestinal conditions and disorders of gut brain interaction (DGBIs). Externs will participate in health and behavior assessment, consultation and brief, evidence-based intervention for concerns including abdominal pain, nausea, vomiting, toileting difficulties, treatment adherence, adjustment and coping with chronic illness, and co-occurring mental health concerns. Intervention modalities are informed by cognitive behavioral therapy (CBT), acceptance and commitment therapy (ACT), behavioral therapy (BT) and are provided flexibly, developmentally informed and in a fast-paced medical setting. Externs will leave the training year fostering an understanding of the mind-gut connection and the role of nervous system regulation in pediatric GI conditions.

Number of Positions: 1

Time Commitment: 8-16 hours per week

- Required – Mondays, Tuesdays, or Thursdays (1-2 days based on extern preference)

Dates: August 2, 2027 – May 31, 2028

*Please note: MANDATORY ORIENTATION is held during the first week of the externship.

*End date may be flexible based on supervisor and training director approval.

Requirements:

- Be enrolled in at least the 3rd year of an APA accredited Doctoral Program in Clinical, Counseling, Clinical Health, or School Psychology
- Have completed coursework in child and/or adolescent assessment and treatment
- Have experience with child and/or adolescent assessment and treatment
- Preference for applicants with a background in pediatric psychology or working on multidisciplinary medical teams
- Have proof of malpractice coverage: must be provided by the extern's training institution or by the extern
- Be available to start the externship on June 21, 2027

**Those applicants selected for externship will be subject to drug screening and criminal background checks (there may be associated costs so speak with your graduate program as these fees are not covered by CHCO). Unacceptable results on the criminal background check or drug screening may result in dismissal from the program.

APPLICATION PROCEDURES

A completed application consists of the following materials:

1. Cover Letter
2. Curriculum Vitae
3. 2 letters of recommendation
4. Attestation of Professional Conduct
5. Extern Application Face sheet

Children's Hospital Colorado

Children's Hospital Colorado Department of Psychiatry and Behavioral Sciences
13123 E 16th Ave, B130, Aurora, CO 80045, 720-777-6200 | childrenscolorado.org

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Emailed by *February 1, 2027* at *5pm* to the following:

1. CHCO Psychology Training Program email
   Email: CHCOPsychTrainingprogram@childrenscolorado.org
2. If you have questions, please email Kelbie Burdis-Beers, Operations Coordinator
   Email: Kelbie.Burdis-Beers@childrenscolorado.org

Recruitment Timeline

February 1, 2027 @ 5pm:	Application deadline (early submissions encouraged!)
February 4-19, 2027:	Interviews scheduled (early interviews available with early, complete submissions)
March 4, 2027:	Positions offered (prompt confirmation of acceptance/declination requested)

Supervision

The goal of supervision is to support the extern during exposure to new patient populations, assessment tools and intervention strategies, and to build feelings of competence and functional autonomy in areas of strength. Additional supervision and consultation will be provided as needed. Extern will have 1 hour of weekly individual supervision paired with live supervision.

DUTIES OF PSYCHOLOGY TRAINEES

Extern will provide health and behavior assessments and interventions in a variety of multidisciplinary clinics (neurogastro, inflammatory bowel disease and/or celiac disease) as well as a GI psychology co-located clinic. The extern will be responsible for chart review and patient preparation. The extern will learn to conduct and lead assessment and intervention sessions through a developmental model. The extern will also have opportunities for documentation and care coordination tasks in a multidisciplinary setting.

Externship Components

Externs are exposed to a variety of treatment approaches, interventions, and modalities through instruction and observation to augment their previous clinical experiences. These training experiences are organized to provide direct clinical, assessment, and consultation experiences in child clinical and pediatric psychology.

Extern will have clinical hours dedicated in multidisciplinary clinics as well as co-located clinic. The extern will also have administration time to work on documentation, case preparation and care coordination. Opportunities to participate in program development are available based on the extern's interest and availability.

Services provided

This externship placement provides students with the opportunity to work in a regionally and nationally prominent pediatric health care facility affiliated with the Anschutz Medical Campus and the Division of Child and Adolescent Psychiatry. Specifically, the extern will provide health and behavior assessment; brief, evidence-based intervention; and consultation on a multidisciplinary GI team.

Type of clients served on this externship

Children and adolescents, ages 3-25, and their families served in Children's Hospital Colorado. Patients are representative of Colorado and the surrounding states.

General Information:

Supervised by: Monique Germone, Ph.D., Cat Naclerio, Psy.D., Julie Rinaldi Ph.D., Morgan Drake, Ph. D, & Christine Reinhard, Ph.D.,

Theoretical Orientation: Brief, evidence-based assessment and treatment with a significant focus on cognitive-behavioral, behavioral therapy, acceptance and commitment therapy, and solution-focused treatment modalities

Supervision format: 1 hour of individual supervision paired with live supervision

Ratio of hours (supervision to clinical hours): 1:8

Number of psychology trainees on site: 1 psychology extern, 1 predoctoral intern (year dependent)

Number of hours/week externs work for this rotation: 8-16 hours based on extern preference

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