PEDIATRIC MENTAL HEALTH INSTITUTE

Psychology Externship Training Program

Integrated Behavioral Health, Colorado Springs

2027-2028

Children's Hospital Colorado/University of Colorado School of Medicine offers a psychology externship training program in Pediatric Health Psychology. The extern will have the opportunity to work with patients and families seen in the Integrated Behavioral Health Program at the Medical Specialty Clinics at Children's Hospital Colorado Briargate Clinic in Colorado Springs. A range of experiences will be available including participation in Lifestyle Medicine, Cardiology, the Center for Cancer and Blood Disorders, Physical Medicine and Rehabilitation, Gastroenterology, Endocrinology, Rheumatology, and Neurology clinics. Children and families are seen for evaluation of the following: coping with illness, symptom management implementation and adherence to lifestyle and medical recommendations that are central to treatment of these disorders, as well as psychiatric comorbidity. The interdisciplinary teams include physicians, nurses, dieticians, physical therapy, and social work. The extern will conduct health and behavior assessments and provide treatment to children and adolescents seen in the outpatient clinics. Treatment is problem focused and short-term using evidenced based/ informed approaches including BT, CBT, and ACT.

Number of Positions: 1

Time Commitment: 8-16 hours per week

- Required – Mondays afternoons for training (1-2 days based on clinic and extern)

Dates: August 2, 2027 – May 31, 2028

*Please note: MANDATORY ORIENTATION is held during the first week of the externship.

*End date may be flexible based on supervisor and training director approval.

Requirements:

- Be enrolled in at least the 3rd year of an APA accredited Doctoral Program in Clinical, Counseling, Clinical Health, or School Psychology
- Have completed coursework in child and/or adolescent assessment and treatment
- Have experience with child and/or adolescent assessment and treatment
- Preference for applicants with a background in pediatric psychology or working on multidisciplinary medical teams
- Have proof of malpractice coverage: must be provided by the extern's training institution or by the extern
- Be available to start the externship on June 21, 2027

**Those applicants selected for externship will be subject to drug screening and criminal background checks (there may be associated costs so speak with your graduate program as these fees are not covered by CHCO). Unacceptable results on the criminal background check or drug screening may result in dismissal from the program.

APPLICATION PROCEDURES

A completed application consists of the following materials:

1. Cover Letter
2. Curriculum Vitae
3. 2 letters of recommendation
4. Attestation of Professional Conduct
5. Extern Application Face sheet

Emailed by *February 1, 2027* at *5pm* to the following:

1. CHCO Psychology Training Program email
   Email: CHCOPsychTrainingprogram@childrenscolorado.org
2. If you have questions, please email Kelbie Burdis-Beers, Operations Coordinator
   Email: Kelbie.Burdis-Beers@childrenscolorado.org

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Recruitment Timeline

February 1, 2027 @ 5pm:	Application deadline (early submissions encouraged!)
February 4-19, 2027:	Interviews scheduled (early interviews available with early, complete submissions)
March 4, 2027:	Positions offered (prompt confirmation of acceptance/declination requested)

Supervision

The goal of supervision is to support the extern during exposure to new patient populations, assessment tools and intervention strategies, and to build feelings of competence and functional autonomy in areas of strength. Additional supervision and consultation will be provided as needed. Extern will have 1 hour of weekly individual supervision paired with live supervision.

DUTIES OF PSYCHOLOGY TRAINEES

Extern will provide health and behavior assessments and interventions in a variety of medical specialty clinics and multidisciplinary clinics as well as psychology co-located clinics. Clinic assignments could include the following: Lifestyle Medicine, Cardiology, the Center for Cancer and Blood Disorders, Physical Medicine and Rehabilitation, Gastroenterology, Endocrinology, Rheumatology, and Neurology. The extern will be responsible for chart review and patient preparation. The extern will learn to conduct and lead assessment and intervention sessions through a developmental model. The extern will also have opportunities for documentation and care coordination tasks in a multidisciplinary setting.

Externship Components

Externs are exposed to a variety of treatment approaches, interventions, and modalities through instruction and observation to augment their previous clinical experiences. These training experiences are organized to provide direct clinical, assessment, and consultation experiences in child clinical and pediatric psychology.

Extern will have clinical hours dedicated in multidisciplinary clinics as well as co-located clinic. The extern will also have administration time to work on documentation, case preparation and care coordination. Opportunities to participate in program development are available based on the extern's interest and availability.

Services provided

This externship placement provides students with the opportunity to work in a regionally and nationally prominent pediatric health care facility affiliated with the Anschutz Medical Campus and the Division of Child and Adolescent Psychiatry. Specifically, the extern will provide health and behavior assessment; brief, evidence-based intervention; and consultation on a multidisciplinary treatment team.

Type of clients served on this externship

Children and adolescents, ages 0-21, and their families served in Children's Hospital Colorado. Patients are representative of Colorado and the surrounding states.

General Information:

Supervised by: Licensed Clinical Psychologists in the department of Child and Adolescent Psychiatry (Sarah Brown, PhD is track lead)

Theoretical Orientation: Brief, evidence-based assessment and treatment with a significant focus on cognitive-behavioral, behavioral, acceptance and commitment therapy, and solution-focused treatment modalities

Supervision format: 1 hour of individual supervision paired with live supervision

Ratio of hours (supervision to clinical hours): 1:8

Number of psychology trainees on site: 1 psychology extern

Number of hours/week externs work for this rotation: 8-16 hours based on extern preference, to be determined prior to the externship year and will be consistent throughout the externship year

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