

Adrenal Insufficiency Emergency Action Plan and Medication Order for School/Childcare

Date: _____

Name: _____ Date of Birth: _____

School: _____ Grade: _____

Emergency Contact: _____ Phone: _____

Treating Provider: _____ Phone: _____

Place
student
photo here**Medication Authorization**

I give permission for school personnel to share this information, follow this plan, administer medication and care for my child and, if necessary, contact our health care provider. I assume full responsibility for providing the school with prescribed medication and delivery/monitoring devices and release the school and personnel from any liability in compliance with their Board of Education policies.

Healthcare Provider Signature: _____ Date: _____

Parent/Guardian's Signature: _____ Date: _____

School Nurse/CCHC: _____ Date: _____

Green Zone**Maintenance Medication (Daily Medication)**

1. Maintenance medication used daily: _____ mg of _____ at _____ at school.
2. N/A if nothing at school _____.

If you see this:**Do this:****Yellow Zone****Moderate illness or stress:**

- Fever over 100.4°F degrees
- Vomiting
- Diarrhea
- Moderate trauma (i.e. single broken bone without breaking the skin).
- _____
- _____
- _____

**Staff trained and delegated to administer medications**

1. Administer _____ mg of Hydrocortisone one time or every _____ hours. *If dose was vomited in less than 20 minutes of administration, wait 20 minutes and repeat oral dose once.* Proceed to red zone if unable to tolerate 2 oral doses.
2. Contact School RN at _____
3. Notify parents or emergency contact.

Red Zone

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MAJOR illness or stress:

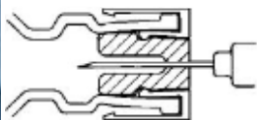
- New onset seizure (no prior history)
- Unable to take oral medication (oral stress dose x2)
- Unconscious
- Continuous vomiting or diarrhea
- Severe physical injury
- _____
- _____
- _____



Staff trained and delegated to administer

Solu-Cortef®

1. Call 911 for transport (Alert EMS of adrenal insufficiency)
2. Administer Solu-Cortef® (dose _____ mg) intramuscularly
3. Check temperature
4. Provide additional clothing or blankets as needed for cold sensitivity
5. Provide copy of health care plan to EMS
6. Contact school nurse at _____.
7. Notify parent or emergency contact.



Instructions for the Solu-Cortef® Act-O-Vial (100mg/2ml)

1. Press down the plastic activator on the Solu-Cortef® Act-O-Vial (100mg/2ml or 250mg/2ml) so that the liquid enters the powder section.
2. Mix gently by shaking or rolling until the mixture is clear.
3. Remove plastic tab covering center of stopper
4. Clean the rubber stopper with alcohol.
5. Stick the needle through center of the rubber stopper until tip is just visible. Then turn the bottle upside down (with the needle still in it) and draw up of the mixture into the syringe.
6. Inject into the thigh

Solu-Cortef® Dose: _____

Additional Notes:

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Staff Trained and Delegated to Give Emergency Medications:
