

Emptying Ostomy Pouch

Supplies:

1. Gloves
2. Measuring device if documenting output volume
3. Toilet

Procedure:

1. Wash hands and put on gloves.
2. Raise the bottom of the pouch (where the opening is).
3. Open the tab at the end of the pouch.
4. Lower the opening toward the toilet and allow for stool to drain out.
5. When empty, gently wipe the bottom of the pouch with a paper towel to clear any remaining stool, then close the pouch.
6. Document and notify family.

Additional Comments/Instructions: