

## One Piece Ostomy Appliance Change

### Supplies:

1. Gloves
2. New pouch (one piece system)
3. Small plastic bag for soiled pouch
4. Water and cloth for cleaning skin
5. Accessories such as adhesive remover, skin barrier powder, etc. (as ordered by provider)

### Procedure:

1. Place supplies on clean surface.
2. Wash hands and put on gloves.
3. Empty old pouch into toilet before removing.
4. Remove the old pouch. Start by peeling away at one corner and pull gently until pouch comes off the skin.
5. Place the old pouch and barrier in a plastic bag and then in the trash.
6. Clean the skin around the stoma with warm water. Do NOT use soap or cleaners/wipes with oil or moisturizing cream because it may keep the new barrier from sticking.
7. Gently pat the skin dry.
8. Inspect the color of the stoma. The stoma should be red and moist.
9. Inspect the skin for redness or irritation. The skin should look like the rest of the skin on the student's abdomen.
10. If ordered, apply skin barrier powder.
11. Prep new pouch by closing the tab if using a drainable pouch.
12. Remove the paper from the back of the skin barrier.
13. Ensure that the skin is dry and center the cut opening in the barrier over the stoma.
14. Place the barrier on the skin around the stoma. Press down on all sides for 30-60 seconds, starting at the area closest to the student's stoma.
15. Document and notify family.

### Additional Comments/Instructions: