

## Two-Piece Ostomy Appliance Change

### Supplies:

1. Gloves
2. New pouch (two-piece system)
3. Small plastic bag for soiled pouch
4. Water and cloth for cleaning skin
5. Accessories such as adhesive remover, skin barrier powder, etc. (as ordered by provider)

### Procedure if Skin Barrier is still intact:

1. Wash hands and put on gloves.
2. Place supplies on a clean surface.
3. Empty old pouch into toilet before removing.
4. Remove only the pouch and leave the skin barrier in place.
5. Place the old pouch in a plastic bag and then in the trash.
6. Inspect the color of the stoma. The stoma should be red and moist.
7. Prepare new pouch by closing the tab if using a drainable pouch
8. Apply the new pouch to the skin barrier by engaging the lower edges of the pouch flange and the skin barrier flange. Press the two flanges together. A series of “clicks” will confirm you are doing it correctly. No more “clicks” means the pouch is secured.
9. Document and notify family.

### Procedure if Skin Barrier is not intact:

1. Wash hands and put on gloves.
2. Place supplies on a clean surface.
3. Empty old pouch into toilet before removing.
4. Gently remove the barrier and pouch, working first around the outer edge.
5. Place the old pouch and barrier in a plastic bag and then in the trash.
6. Inspect the color of the stoma. The stoma should be red and moist.
7. Clean the skin around the stoma with warm water. Do NOT use soap or cleaners/wipes with oil or moisturizing cream because it may keep the new barrier from sticking.
8. Gently pat the skin dry.

9. Inspect the skin for redness or irritation. The skin should look like the rest of the skin on the student's abdomen.
10. If ordered, apply skin barrier powder.
11. Prep new appliance by closing the tab if using a drainable pouch.
12. Apply the skin barrier first by removing the paper from the back of the skin barrier.
13. Center the cut opening in the barrier over the stoma. Ensure that the skin is dry.
14. Place the barrier and barrier ring or paste (if ordered) around the stoma. Press down on all sides for 30-60 seconds, starting at the area closest to the stoma.
15. Apply the new pouch to the skin barrier by engaging the lower edges of the pouch flange and the skin barrier flange. Press the two flanges together. A series of "clicks" will confirm you are doing it correctly. No more "clicks" means the pouch is secured.
16. Document and notify family.

Additional Comments/Instructions: