

**Pediatric Mental Health Institute  
Psychology  
Internship Training  
Program in Child  
Health Service  
Psychology**

**2026-2027**



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**Children's Hospital  
Colorado**

# Psychology Internship Training Program in Child Health Service Psychology

2026-2027 Training Year

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Children's Hospital Colorado/University of Colorado School of Medicine offers a doctoral psychology internship training program in Health Service Psychology. **The program is designed as a full-time 12-month program, which begins June 22, 2026, and ends June 18, 2027. Mandatory orientation will be the first two weeks of internship.** The internship is accredited by the American Psychological Association (<http://www.apa.org/ed/accreditation/>) and the program is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC-[www.appic.org](http://www.appic.org)).

For additional information or if you have any questions regarding accreditation please contact:

Office of Program Consultation and Accreditation  
750 First Street, NE  
Washington, DC 20002-4242  
Phone: 202-336-5979 TDD/TTY: 202-336-6123 Fax: 202-336-5978  
[www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)  
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Seven internship positions are available for the 2025-2026 training year. Interns will receive a salary of \$45,000, subject to the withholding of taxes. Interns are given a total of 32 paid leave days which include holiday, wellness, sick, and professional leave. Employee health and dental benefits are also available. Proof of malpractice coverage must be provided by the interns' training institution or by the intern.

## Requirements for Admission

The training program is committed to the recruitment and retention of learners who have demonstrated a commitment to addressing health inequities and serving medical underserved populations. We encourage inquiries and applications from all qualified individuals. Applications will be accepted from doctoral candidates who are currently enrolled in an APA or CPA accredited PhD or PsyD program in Clinical, Counseling, or School Psychology. Candidates are expected to have had training and experience in Clinical Child Psychology to gain maximum benefit from the experiences offered.

**Prior to application, all applicants are expected to have completed the following training experiences:**

- Accepted into doctoral candidacy and completed dissertation proposal approval process.
  - Completed at least three years of practicum/field placement or work experience, which includes a minimum of 700 hours direct clinical assessment and intervention hours combined (preference given to applicants with experience with youth 0-18 years old and families).
- Completed at least seven child and/or adolescent integrated psychological testing reports.
  - If you have fewer than 700 combined hours or 7 integrated reports due to COVID-19 training delays, please have your DCT e-mail our training director ([laura.judd-glossy@childrenscolorado.org](mailto:laura.judd-glossy@childrenscolorado.org)) with an explanation of your circumstances and why you should be considered for internship.

## Application Procedures

Children's Hospital Colorado internship program abides by all APPIC policies and guidelines regarding application and notification procedures, including the APPIC policy that no person in this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

The internship includes required components completed by all interns, and pediatric specialties, which are chosen by each intern. **At the time of application candidates state their pediatric specialty preferences.** The tracks are described in the body of this brochure. Applicants have the potential to be interviewed for up to three tracks

to which they apply, and they may rank-order all tracks for which they are interviewed. Applicants will match with only one track.

Children's Hospital Colorado participates in the APPIC Computer Match Program. **Our program code match numbers are specific to the pediatric specialty track choices.** The program codes are:

|        |  |
|--------|--|
| 117111 | Child and Adolescent Clinical Specialist                 |
| 117112 | Neuropsychology  |
| 117113 | Pediatric Health Psychology                              |
| 117116 | Pediatric Neurorehabilitation: Assessment & Intervention |
| 117117 | Primary Integrated Care (2 positions available)          |
| 117118 | Developmental Pediatric Psychology                       |

All applicants must use the APPIC AAPI online ([www.appic.org](http://www.appic.org)). A completed application consists of the following materials:

1. Cover letter - Including your order of interest in pediatric specialty preferences, with a **maximum of three tracks**. Please also note specialty preferences when designating/submitting your application in the AAPI Online system.
2. A current Curriculum Vitae.
3. Three letters of recommendation, two of which must be from persons who have directly supervised your clinical work. Please submit only three letters.
4. One complete psychological testing report (a child or adolescent client). **Please delete all identifying information from the report and upload as a supplemental material.**
5. Official transcripts of all graduate coursework.

It is the candidate's responsibility to make arrangements with the recommending persons and transcript offices such that all materials are received by the application deadline. *Completed applications must be received by November 1, 2025.*

## Interview Process

All applicants will be informed of our interview decisions by email by the APPIC notification deadline. All interviews are conducted virtually. Virtual interviews for selected applicants will be held on *January 6th, 7th, 8th, and 9th of 2025.*

Any questions or concerns can be directed to [CHCOPsychTrainingProgram@childrenscolorado.org](mailto:CHCOPsychTrainingProgram@childrenscolorado.org).

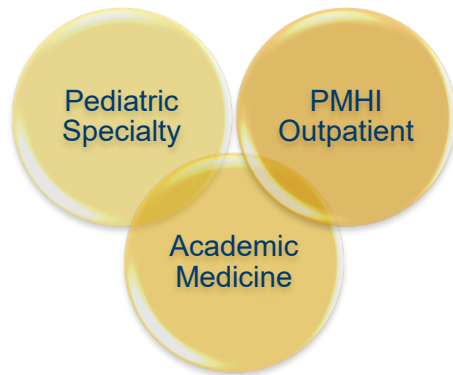
## Commitment to Health Equity

Our primary mission is to provide helpful, warm, and culturally humble care to patients and their families. Our patients come from a variety of different backgrounds, histories, and experience different aspects of privilege and oppression that we must understand in order to provide the type of care we strive to give. We recognize that there is no one way to be an effective child psychologist and we seek to train a diverse and unique group of individuals who are representative of the patient populations with whom we work.

## Description of the Required Program Elements

The program consists of three rotations described below:





### Pediatric Specialty Rotation

- Interns will match with only one specialty track - 12 months, 20 hours/week dedicated clinical time
  - Child and Adolescent Clinical Specialty
  - Developmental Pediatric Psychology
  - Neuropsychology
  - Pediatric Health Psychology
  - Pediatric Neurorehabilitation: Assessment and Treatment
  - Primary Care Psychology

### Pediatric Mental Health Institute

- PMHI Outpatient Rotation - 12 months, 10 hours/week
- Advanced Intake Clinics: Outpatient Intake Clinic & Gender Focused Intake Clinic
- Outpatient Psychotherapy: Individual Therapy (5 cases per week)
- Group Therapy may include therapeutic interventions for anxiety disorders (CBT/ACT), mood disorders (DBT), gender dysphoria (GF-DBT), and disruptive behaviors (CBT/Unified Protocol)

### Academic Medicine Rotations

- Supervision (12 months, 1-2 hours/week)
  - Interns will supervise a doctoral extern on 1-2 outpatient clinical cases. Interns will also participate in a group supervision of supervision course.
- Research Rotation (12 months, 4 hours/week)
  - Interns are given 4 hours of dedicated research time to complete a scholarly product. Interns are paired with a research mentor who has an ongoing research project to complete this requirement. Funding may be available for interns to present their research findings at a local, regional, or national conference.
- Didactic Seminars
  - Didactic seminars are held weekly and include a variety of topics covering pediatric behavioral medicine; inclusion, belonging, and health disparities; substance use; trauma informed care; empirically based practices for eating disorders' empirically based interventions for sleep; professional development; and supervision of supervision. Some seminars exclusively include psychology interns, and some include child psychiatry residents to facilitate interdisciplinary training.

# Pediatric Specialty Rotation Descriptions

## Child & Adolescent Clinical Specialist

### Leadership within the rotation

- Katie Reynolds, PhD - Child & Adolescent Clinical Specialty Rotation Training Director

### Supervision

Direct supervision is provided by experienced Licensed Psychologists across the intensive services settings within PMHI.

### Description of the rotation

This specialty track is 20 hours per week. It consists of three, 4-month rotations for 15 hours per week in the intensive psychiatric care setting, and one, 12-month rotation in the outpatient psychiatric care setting for 5 hours per week. The goal of this specialty track is to help the intern develop competency in the skills necessary for working in various levels of care within a psychiatry department in an academic medical center.

**Location within the Hospital:** The intern will provide clinical intervention, consultation, and assessment in the Pediatric Mental Health Institute (PMHI) at Children's Hospital Colorado.

**Patient Population Served:** Patients range in age from early childhood to young adults with both acute and chronic psychiatric concerns.

### Description of the Experiences

An intern will rank their preference for the experiences in the intensive services rotation from the options listed below. The intern will participate in 3 intensive rotations, with associated outpatient opportunities within each rotation, for the year.

While efforts will be made to accommodate the intern's top choices and address each trainee's goals, rotations will be available dependent upon availability of supervisors and scheduling considerations for the given internship year.

### Intensive Services Rotation

*The intern will select 3 experiences from the following to complete over the course of the year:*

#### Anxiety Adolescent & Child Intensive Outpatient Programs (AIOP & CIOP)

Supervisor: Ben Mullin, PhD & Zuzanna Wojcieszak, PhD (Qualified Bilingual Staff certified in Spanish)

- The intern will be involved in co-facilitating group therapy sessions with children and adolescents and their families participating in both the Adolescent and Child Intensive Outpatient Program (AIOP & CIOP). Both Child and Adolescent IOPs provide a 6-week (3 days/week) intensive program for children and adolescents with severe anxiety disorders or obsessive-compulsive disorder. This program focuses on exposure with response prevention, cognitive-behavioral, and ACT modalities. Supervision is developmental, with opportunities to shadow, co-facilitate, then lead sessions with the supervising psychologist and behavioral health clinicians within the larger specialty anxiety clinic. Opportunities may also be available for contributing to program development, outcomes monitoring and other QI research, and participating in team meetings.

## Eating Disorders Program (EDP)

Supervisor: Kim Sheffield, PhD

- The Eating Disorders Program (EDP) is a partial hospitalization program serving children and adolescents ages 8-18. The multi-disciplinary team consists of adolescent medicine physicians, psychiatric providers, psychologists, behavioral health clinicians, dietitians, nurses, and behavioral health specialists in addition to trainees from multiple disciplines. Patients have a primary diagnosis of anorexia nervosa, bulimia nervosa, avoidant-restricted food intake disorder anorexia nervosa, bulimia nervosa, avoidant-restrictive food intake disorder (ARFID) or other specified feeding or eating disorder (OSFED). Patients may also be experiencing a number of co-occurring conditions including (but not limited to) depression, anxiety, OCD, and PTSD. EDP employs a modified version of Family-Based Treatment (FBT) and involves family members in all aspects of care. In addition to standard family-based treatment interventions, families receive skills related to behavior coaching and emotion coaching/support through Emotion Focused Family Therapy (EFFT). Milieu group programming is based in the Unified Protocol (UP) and involves a strong exposure therapy component. Clinical opportunities include completion of brief psychological assessments, individual/family therapy, and group therapy. Interns also have the opportunity to be involved in program development efforts within EDP. Opportunities to be involved in 1) an EDP parent transition group developed to support families after discharge from EDP or 2) outpatient eating disorder cases may also be available to interested interns.

## Intensive Psychiatric Unit (IPU)

Supervisors: Evadine Codd, PhD & Sarah Taylor-Cavelier, PhD

- The Inpatient Psychiatric Unit (IPU) is a secure, intensive care setting for children and adolescents ages 5 to 17 who are experiencing acute mental health crises and require 24/7 support due to safety concerns or significant functional impairments. While most patients are admitted for suicidal ideation or behaviors, the IPU also serves youth with a range of complex psychiatric presentations, including psychosis, obsessive-compulsive disorder, eating disorders, and severe behavioral dysregulation that cannot be safely managed in the home environment. Interns on the IPU will gain hands-on experience in the assessment and treatment of high-acuity youth through crisis stabilization interventions. Clinical responsibilities include developing individualized behavior plans, consulting with multidisciplinary treatment teams, and delivering individual, family, and group therapy. Additionally, interns may have the opportunity to contribute to program development, evaluation, and quality improvement initiatives aimed at enhancing care within the unit.

## Neuropsychiatric Specialty Care (NSC)

Supervisor: Mathew Luehring, PhD, BCBA, NCSP

- Interns will have opportunities to work with youth ages 4 through 17 with a range of neurodevelopmental disorders (e.g., autism spectrum disorders, intellectual disabilities, genetic conditions, etc.) and co-occurring disruptive behaviors and/or mental health concerns (e.g., anxiety, mood, etc.) within NSC across both the inpatient and partial-hospitalization program (PHP). Treatment is based on cognitive behavior therapy (CBT) and applied behavior analysis (ABA). Within the focus of ABA, interns will gain valuable experience in administering preference assessments and conducting functional behavior assessments (including functional analyses), as well as developing and implementing individualized behavioral treatment plans (e.g., functional communication training and behavioral parent training) supervised by a licensed psychologist and Board-Certified Behavior Analyst. Interns will also have opportunities to co-facilitate individual assessment and treatment sessions and group therapy focused on CBT, executive functioning, and social skills. Interns can expect a developmental approach to supervision on NSC, as well as supervised experience providing coaching and feedback to staff and caregivers within a higher level of care setting. Opportunities may also be available to contribute to NSC research, quality-

improvement projects, and administer and interpret standardized assessments (e.g., comorbid psychiatric diagnoses, autism-specific evaluations, adaptive behavior evaluations, etc.).

### Partial Hospitalization Program (PHP)

Supervisors: Lauren Henry, PhD & Sarah Taylor-Cavelier, PhD

- Interns will have opportunities to work with patients in a variety of roles in the generalized Partial Hospitalization Program (PHP), providing comprehensive, multidisciplinary treatment for children and adolescents with a range of psychiatric challenges. Interns will work closely with the PHP psychologist and engage in a breadth of clinical and didactic experiences unique to this generalized, acute psychiatric level of care. Interns will participate in a variety of intervention activities (Exposure/Response Prevention, Unified Protocol, Parent Management Training, Motivational Interviewing, etc.), delivered through several modalities (individual, family, and group therapies). Working with PHP psychiatry teams and other behavioral health clinicians, interns will have the opportunity to initiate interprofessional and interdisciplinary collaboration, engage in systems-based practice, and provide client-centered and consultee centered consultation. Opportunities to be involved in the PHP parent transition group developed to support families after discharge from PHP may also be available to interested interns.

## Developmental Pediatric Psychology

### Leadership within rotation

- Training Director - Elizabeth McMahon Griffith, PhD and Liz Coan, PsyD
- Associate Directors - Caitlin Middleton, PhD; Lindsey DeVries, PhD; Maritza Cobian, PhD (QBS certified in Spanish); and Emily Werner, PhD

### Supervisors

Direct supervision is provided by experienced Licensed Psychologists in our group of over 20 Psychologists.

### Description of the rotation

The Section of Developmental Pediatrics in the Department of Pediatrics focuses on Neurodevelopmental Disorders with an emphasis on evidence-based assessment and treatment of autism. Located within Children's Hospital Colorado, outpatient clinics in Developmental Pediatrics are dynamic interdisciplinary experiences with psychologists, developmental behavioral pediatricians, and allied health professionals, including genetic counselors, child life, and social workers, working closely with patients and families.

**Training Model.** The Developmental Pediatric Psychology Track is 20 hours/week for a full year. Over the course of the year, the intern will rotate through several clinics with a diversity of ages and presentations, becoming adept at clinical assessments and treatment across the developmental phases of childhood and adolescence. A year-long mentor ensures that the intern's clinical experiences in Developmental Pediatrics align with their individualized training goals, while direct supervision is provided in each of the clinics by experienced Licensed Psychologists.





**Specialty: Assessment and Treatment.** Interns will achieve specialization in autism, intellectual disability, and other conditions associated with developmental disabilities. Assessment experiences for the intern also may include assessment and treatment of children with genetic disorders and other medical conditions, including Sex Chromosome Disorders, Fragile X, and Deaf and Hard of Hearing. Assessment experience with Bilingual Spanish speaking children is also available for bilingual interns. Interns may select from short-term targeted intervention opportunities (e.g., Pediatric Behavior Clinic, Behavior Parent Training Programs (e.g., RUBI, ABCs of Behavior), Behavioral Sleep Clinic, Early Start Denver Model, Toileting Clinic, Sexual and Reproductive Health Education for Parents, or Facing Your Fears group psychotherapy). Assessment and treatment experiences focus on acknowledging and celebrating intersectional identities through a neuroaffirming lens.

**Supervision.** Direct supervision is provided by experienced Licensed Psychologists in our group of 20 diverse psychologists, through video conferencing and in person. Supervision is largely in vivo with supervisors providing direct oversight. Supervision related to intervention/treatment, professional development, and mentoring is completed in once or twice weekly meetings.

**Telehealth.** Developmental Pediatrics provides some evaluation and intervention services through telehealth (video conferencing), as well as in-person visits. Experiences in both modalities will be available for the intern.

## Neuropsychology

### Leadership within the rotation

- Christa Hutaft-Lee, PhD, ABBP-Cn - Neuropsychology in Neurology Rotation Training Director
- Robin Peterson, PhD, ABPP-Cn - Neuropsychology in Rehabilitation Rotation Training Director
- Paige Naylor, PhD - Neuropsychology in Rehabilitation Associate Training Director

### Supervisors through Division of Neurology

- Gretchen Berrios-Siervo, PsyD, ABPP-Cn (QBS certified in Spanish)
- Yasmine Botto, PhD (QBS certified in ASL)
- Christa Hutaft-Lee, PhD, ABPP-Cn
- Jennifer Janusz, PsyD, ABPP-Cn
- Arianna Martin, PsyD (QBS certified in Spanish)
- Andrea Miele, PhD, ABPP-Cn
- Ashley Nguyen-Martinez, PsyD (Bilingual in English/Vietnamese)
  - Elise Esmer, PhD
  - Greta Wilkening, PsyD, ABPP-Cn
  - Kelly Wolfe, PhD, ABPP-Cn

### Supervisors through Department of Rehabilitation and Physical Medicine

- Alison Colbert, Ph.D. ABPP-Cn (QBS certified in Spanish)
- Amy Connery, PsyD, ABPP-Cn (QBS certified in Spanish)
- Stephanie Hitti, PsyD (QBS certified in Spanish)
- Michael Kirkwood, PhD, ABPP-Cn
- Ann Lantagne, PhD
- Paige Naylor, PhD
- Robin Peterson, PhD, ABPP-Cn
- Sarah Tlustos-Carter, PhD, ABPP-Cn
- Christine Petranovich, PhD

## Description of rotation:

The Neuropsychology Rotation provides specialized training in neuropsychological assessment with pediatric populations. This rotation is focused on preparing interns for postdoctoral training in pediatric neuropsychology and is geared towards applicants interested in pursuing a career in pediatric neuropsychology. The rotation is for 20 hours per week. The intern will work in the Division of Neurology for 6 months and the Department of Physical Medicine and Rehabilitation for 6 months. For both rotations, the intern will complete 1-2 neuropsychological evaluations per week and attend 3-4 inter-disciplinary clinics per month, with all activities conducted in close collaboration with their supervisor. The intern will participate in all aspects of comprehensive clinical neuropsychological including clinical interviewing, test battery selection based on presenting problem, testing, scoring, report writing, and completing feedback sessions with caregivers. The trainee may have the opportunity to participate in telehealth intakes and feedback sessions. The goals of attending inter-disciplinary clinic are to learn brief, focused evaluation models and to gain skills in collaborating with physicians and other allied health professionals in assessing children and developing treatment plans. Faculty neuropsychologists are involved in the following inter-disciplinary clinics and the intern will attend certain clinics based on schedules: Concussion Clinic, Seizure Clinic, Neuroimmunology Clinic, Acquired Brain Injury Clinic, Single Ventricle Care Program, Neurofibromatosis Clinic, 22q11.2 Deletion Syndrome Clinic, International Adoption Clinic, Turner Syndrome Clinic, Tuberous Sclerosis Clinic, and Neurogenetic Clinic (including patients with neurodegenerative diseases). Based on the qualifications of the intern and the availability of faculty, opportunities for conducting evaluations with Spanish bilingual populations may also be available. Interns may also have the opportunity to attend epilepsy surgery conference and may be able to participate in Wada testing (sodium amytal testing), cortical mapping, and brain cutting conference.

## Pediatric Health Psychology

This specialty track consists of three, 4-month rotations for 16 hours per week, and two, 6-month rotations for 4 hours per week. The goal of this specialty track is to provide interns with a learning experience that offers breadth and depth of training across different pediatric psychology settings and populations. Interns will have the opportunity to be a part of multidisciplinary teams and provide assessment and intervention to promote best health outcomes. Interns will rank their preferences for rotations from the options listed below. While efforts will be made to accommodate the intern's top choices and address each trainee's goals, rotations will be available dependent upon availability of supervisors and scheduling considerations for the given internship year.

**Location within the Hospital:** Interns will provide clinical intervention, consultation, and assessment on inpatient medical floors and in outpatient medical clinics located in the Children's Hospital of Colorado (CHCO) and in the Pediatric Mental Health Institute (PMHI).

**Patient Population Served:** Patients range in age from infancy to young adults with medical and psychological concerns.

## Description of the Experiences and Leadership of the Rotations

**Consultation-Liaison (C/L) Service Supervisors:** Kaley Curtis, PhD & Lauren Gallanis, PhD

- Overview: The C/L Service is available to children and adolescents receiving inpatient medical care at CHCO. Consults are requested from a wide range of medical services (e.g., General Medical, Adolescent Medicine, Intensive Care, Surgery, Trauma, Gastroenterology, and Pulmonary) and typically include individual and family-focused assessment, consultation, and intervention. Referral concerns include diagnostic clarification (e.g., disordered eating, functional disorders), safety evaluations, impact of mental health symptoms on adjustment/coping with chronic illness and hospitalization, medical adherence, quality of life, behavior problems, pain management, mental status, and delirium. Interns provide brief, short-term consultation/intervention services to patients and families and may provide ongoing psychotherapy for patients with longer hospital admissions. The C/L Service, which includes psychiatrists, psychologists, behavioral health clinicians, and psychiatry and psychology trainees, engages in multidisciplinary collaboration with medical professionals at CHCO (e.g., physicians, nurses, child life

specialists, social workers, physical/occupational/speech-language/respiratory therapists), as well as outside of the hospital (e.g., community mental health agencies, schools). Interns attend daily C/L rounds as well as other multidisciplinary rounds and patient care conferences to assist with coordination of patient care.

#### ***Cystic Fibrosis (CF) Center - Supervisors: Emily Muther, PhD & Emma Lyons, PhD***

- Overview: The CF Center at Children's Hospital Colorado is the largest pediatric CF center in the country. Interns will have the opportunity to work with patients diagnosed with CF, from infancy through young adulthood. Support and intervention will be provided in the outpatient CF Clinic as part of patients' routine CF care, during sick visits, and on the inpatient medical floor during CF-related hospitalizations. Interns will work collaboratively within the multidisciplinary team that includes pulmonologists, nurse practitioners, pharmacists, dietitians, physical therapists, respiratory therapists, nurses, and social workers. Common referral issues for psychology to address include caregiver grief and stress at the time of diagnosis, adjustment to diagnosis and coping with CF, medical adherence, mental health difficulties, behavioral challenges, school and social challenges, coping with medical admissions, coping with the impact of CF on quality of life, and transition to adult care. Interns will provide a range of clinical services, including brief consultation, health and behavior assessment and intervention.

#### ***Medical Day Treatment Program - Supervisor: Jennifer Lindwall, PhD***

- Overview: Medical Day Treatment (MDT) is a unique school and treatment program at Children's Hospital Colorado that provides medical and behavioral health support for children and adolescents with chronic medical diagnoses. Youth present with a wide range of medical diagnoses (e.g., type I diabetes, seizure disorders, cancer, GI disorders, chronic pain, sickle cell disease, obesity) and psychosocial challenges (e.g., adjustment and coping difficulties, quality of life, depression, anxiety, and trauma) that impact their ability to access education and participate fully in an academic setting. The psychology intern will assist with reviewing referrals, conducting initial evaluations, and providing individual and family therapy, and developing treatment plans within the multidisciplinary team. Treatment typically focuses on improving medical adherence, coping with chronic medical diagnoses, improving social skills, treating anxiety and depressive symptoms, strengthening positive engagement in school, and promoting overall health and wellness. In addition, the intern will have opportunities to collaborate with the classroom teachers and nursing staff, attend daily team rounds, and participate in weekly psychosocial rounds to provide comprehensive, multidisciplinary care.

#### ***Oncology - Supervisor: Jamie Luehring, PhD***

- Overview: The psychology intern will have the opportunity to participate in a multi-disciplinary team dedicated to the psychosocial and emotional care of children and their families who are treated in the Center for Cancer and Blood Disorders (CCBD). Patients include those actively being treated for cancer and hematologic disorders, as well as cancer survivors. Clinical opportunities for the psychology intern will include initial psychological assessments, shadowing of CCBD clinicians, and participation in medical rounds and specific team meetings (e.g., Bone Marrow Transplant, Leukemia, Solid Tumor). The ability to provide ongoing psychotherapy to specific patients/families will depend on scheduling. The goals of this placement include becoming familiar with specific medical information related to pediatric oncology and hematology, observing the coordination of services provided by a large multi-disciplinary team (psychology, social work, child life, art therapy, chaplaincy, education and family navigation), and identifying basic challenges encountered by a family with a seriously ill child and associated interventions.

#### ***Solid Organ Transplant - Supervisors: Elizabeth Christofferson, PhD & Laura Reinman, PhD***

- Overview: The psychology intern will have the opportunity to work with three large multidisciplinary transplant teams (heart, liver, and kidney transplant). The intern will have opportunities to participate in pre-transplant psychological evaluations for children undergoing evaluation for heart, liver, or kidney transplantation. All children, adolescents, and families meet with psychology during the transplant evaluation process on either an inpatient or outpatient basis. The evaluation includes an assessment of family functioning, adjustment, and mood—factors that impact a child's ability to cope with a solid organ transplant. Patients and families continue to meet with psychology throughout the transplant process; the psychology intern has the opportunity to conduct health and behavior assessment and intervention with these patients. The intern will see patients during inpatient hospitalizations, outpatient multidisciplinary

medical clinic visits, dialysis treatment, heart catheterizations, infusions, and additional procedures. The psychology intern has the opportunity to meet with children to help them adjust to new treatments or medical illnesses. The psychology intern also works with children and adolescents on treatment adherence, coping with procedure-related distress, and providing support around managing emotional reactions to their health conditions.

**GI Clinic - Supervisors:** Christine Reinhard, PhD; Catherine Naclerio, PsyD; Monique Germone, PhD, BCBA; & Julie Rinaldi, PhD

- Overview: Interns will have the opportunity to participate in a variety of experiences, including the interdisciplinary Neurogastroenterology/Motility clinic, Inflammatory Bowel Disease clinic, Celiac Disease Clinic, as well as our co-located GI psychology clinic. Children and families are seen for evaluation of coping with illness, symptom management (pain, nausea, vomiting, sleep, and defecation disorders), implementation and adherence to lifestyle and medical recommendations that are central to treatment of these disorders, as well as possible psychiatric comorbidity that may be present. The interdisciplinary teams include physicians, nurses, dietitians, physical therapy, occupational therapy, and social work. The intern will conduct health and behavior assessments and provide treatment to children and adolescents seen in the outpatient clinics. Treatment is solution oriented and short-term using evidenced based/ informed approaches including Behavioral Therapy, Cognitive Behavioral Therapy, and Acceptance and Commitment Therapy.

**Heart Institute - Supervisor:** Sarah Kelly, PsyD

- Overview: Interns will have the opportunity to work with patients and families seen in cardiology, from infancy through young adulthood, across interdisciplinary teams that include cardiologists, advanced practice providers, nurses, surgeons, social workers, and child life specialists. Depending on the intern's training goals, the intern may meet with patients with complex congenital heart disease, cardiomyopathy/heart failure, arrhythmias or electrophysiology devices, pulmonary hypertension, pre/post-surgery, and hypertension/hyperlipidemia. Common referral issues for psychology include child and family coping with a chronic, life-limiting condition, mood and anxiety difficulties, social challenges, neurodevelopmental and school problems, adjusting to the impact of disease on quality of life, health-promoting behaviors, adherence to medical regimen, and transition to adult cardiac care. Clinical experience will include biopsychosocial assessment, consultation, and short-term interventions.

**Sleep Clinic – Supervisors:** Stacey Simon, PhD; Katherine Wesley, PhD; & Dana Kamara, PhD

- Overview: Opportunities for the psychology intern will include performing behavioral sleep evaluations and treatments for infant, child, and adolescent sleep problems. Typical presenting problems include insomnia, independent sleep difficulties, bedtime resistance, circadian rhythm sleep disorders, parasomnias, and desensitization to CPAP therapy for youth with obstructive sleep apnea. Patients and families are typically referred to the behavioral sleep clinic by their primary care physician or have been seen previously in the medical sleep clinic and referred internally. Evaluations include an assessment of sleep environment, bedtime routines, sleep duration and timing, as well as querying other factors that may impact a child's sleep, such as school functioning and mood, and rule out of organic sleep disorders. Clinical measures including sleep diary, actigraphy (objective sleep/wake monitoring), and paper-pencil questionnaires will also be incorporated. The intern will gain an understanding of normal sleep development, become familiar with pediatric behavioral sleep disorders, obtain a basic understanding of common organic sleep disorders, and gain knowledge of and apply empirically supported behavioral treatments for sleep disorders.



### **Headache Clinic - Supervisor: Michelle Clementi, PhD**

- Overview: Interns will have the opportunity to work on multidisciplinary teams (physicians, nurses, dietitians, physical therapists) with children and adolescents diagnosed with headache disorders. Common referral issues for psychology include addressing pain management, anxiety/mood concerns, sleep issues, adherence to healthy lifestyle recommendations (hydration, diet, exercise), school and social challenges, and quality of life in the context of chronic headache/migraine. Interns may have the opportunity to conduct health and behavior evaluations and provide short-term intervention/consultation focused on pain coping. There may also be an opportunity to co-facilitate mindfulness groups for teens with chronic migraine. Interns will gain knowledge of and apply evidence-based recommendations for acute versus chronic pain management.

## **Pediatric Neurorehabilitation: Assessment & Treatment**

### **Leadership within the Rotation**

- Alison Colbert, Ph.D., ABPP-CN, Track Lead (QBS Certified in Spanish)
- Ann Lantagne, Ph.D., Co-Track Lead
- Zach Arcona, Ph.D.
- Amy Connery, Psy.D., ABPP-CN (QBS Certified in Spanish)
- Mike Kirkwood, Ph.D., ABPP-CN
- Paige Naylor, Ph.D.
- Robin Peterson, Ph.D.
- Christine Petranovich, Ph.D.
- Tess Simpson, Ph.D.
- Sarah Tlustos-Carter, Ph.D., ABPP-CN
- Stephanie Hitti, PsyD (QBS Certified in Spanish)

The Pediatric Neurorehabilitation program at the Children's Hospital Colorado offers a variety of therapy, assessment and consultative services to children and adolescents within the Department of Rehabilitation Medicine. Our program is designed to prepare applicants for post-doctoral fellowship in rehabilitation psychology, pediatric psychology, and/or neuropsychology. Our program strives to provide comprehensive care to pediatric patients and families related to a wide range of biopsychosocial factors that may affect coping and adjustment to long-standing or newly acquired physical illnesses and/or injuries. Psychologists and supervised trainees provide integrated care to children and families in both inpatient and outpatient multidisciplinary settings. Treatment is tailored to the individual needs of children whose diagnoses may include mild to severe traumatic brain injury (TBI), stroke, encephalitis, spinal cord injury, spina bifida, cerebral palsy, as well as other neurodevelopmental disorders.

The intern will gain competence in providing health and behavior assessment and intervention to pediatric patients with rehabilitation-related diagnoses. All interns complete a rotation on the Rehabilitation Inpatient Unit, which provides the intern with the opportunity to provide targeted and adapted intervention and assessment focused on providing education, assessing cognitive, behavioral, and emotional functioning, improving functioning, and assisting with adjustment following acute or chronic medical injuries or illness.

The intern can also participate in a variety of multidisciplinary specialty assessment clinics based on the intern's training goals and schedule. Clinic opportunities might include the International Adoption Clinic (IAC) and Acquired Brain Injury Clinic (ABI clinic). These specialty clinics offer multidisciplinary consultations for children from infancy through early adulthood. Interns can participate in abbreviated developmental assessments through the IAC with children who have been adopted internationally. ABI is a multidisciplinary clinic focused on serving children and families with newly acquired brain injuries.

Finally, depending on the professional goals of the intern, outpatient work balances intervention and assessment. For example, interns have the opportunity to conduct abbreviated or full battery neuropsychological consultations in the complex concussion clinic or the Rehab Neuropsychology Clinic and/or carry a small caseload of pediatric psychology cases focused on supporting adjustment to disability, coping with new diagnosis, or changes in functioning and participate in group therapy options.

Weekly supervision for both assessment and intervention is an essential element of the Pediatric Neurorehabilitation Internship Program. Interns will be supervised by rehabilitation psychologists and neuropsychologists in both individual and group supervision formats.

## Primary Care Psychology

### Leadership within the rotation:

#### Project CLIMB in Child Health Clinic:

- Ayelet Talmi, PhD (Program Director)
- Melissa Buchholz, PsyD
- Erika Garcia-Rocha, PsyD (QBS Certified in Spanish; Co-Director, COLEGAS Spanish Supervision Group)
- Jessica Kenny, PhD (Primary Care Track Lead; Primary Supervisor; QBS-Certified in Spanish)

#### Young Mothers and Families Clinic:

- Amelia Ehmer, PsyD (Program Director; Primary Supervisor)
- Lindsey Rogers, PsyD
- Jess Shankman, PhD

### Description of the rotation:

**Project CLIMB** (Consultation Liaison in Mental Health and Behavior) is a collaborative effort between the Department of Pediatrics, the Pediatric Mental Health Institute, and the Child Health Clinic at Children's Hospital Colorado. Project CLIMB provides integrated behavioral health services in the context of a residency training pediatric primary care clinic. The program aims to facilitate early identification and treatment of mental health and behavioral issues within a pediatric primary care setting, increase access to behavioral health services in an underserved population, and train health professionals in meeting the mental and behavioral health needs of children. Project CLIMB is staffed by a transdisciplinary team that includes psychologists, psychiatrists, pediatricians, postdoctoral fellows, psychology interns, pediatric residents, other health profession learners and staff from the Child Health Clinic. The team provides: screening and early identification services; prevention, health promotion, and developmental interventions; psychosocial and behavioral individual, family, and group interventions; diagnostic assessments; medication evaluations; team-based consultation and training, short-term therapy, and recommendations for treatment of infants, children, adolescents and their families. The clinic provides more than 34,000 primary care visits to children aged birth through 18 annually. Nearly 85% of children seen in clinic are publicly insured. The clinic serves a diverse population of youth and families from the neighboring communities including a large Spanish speaking population and newcomer and refugee communities from around the world.

The Young Mothers and Families Clinic (YMFC) is a pediatric primary care clinic that serves adolescent mothers up to age 25 and their children. The program provides comprehensive multidisciplinary care, which includes social work, case management, resource connection and support, and integrated behavioral health services, in addition to pediatric and well-woman care and family planning services. YMFC sees approximately 2,000 adolescent mothers and their children each year and provides approximately 7,000 visits. YMFC is a subsection of the Department of Pediatrics at Children's Hospital Colorado and the behavioral health program is a collaboration between the Department of Pediatrics and the Pediatric Mental Health Institute. Behavioral health services offered include staff consultation; developmental, psychosocial and mental health assessment; medication evaluation and management; and individual, couple, and family psychotherapy. The multidisciplinary behavioral health team is composed of psychology and psychiatry faculty, as well as social work staff, along with trainees from each of these disciplines. The YMFC patient population is composed of young women and their children from racially/ethnically diverse backgrounds and low socioeconomic status, with nearly 90% publicly insured. Patients are drawn from the surrounding urban communities, primarily Aurora and Denver.



# Pediatric Mental Health Institute Outpatient Rotation

## Supervisors within rotation

- Allie Morford, PhD
- Zuzanna Wojcieszak, PhD (QBS certified in Spanish)
- Collette Fischer, PhD
- Sarah Horvath, PhD
- Lauren Eckhart, PsyD
- Katie Reynolds, PhD
- Julia Barnes, PhD
- Jonathan Safer-Lichtenstein, PhD (QBS certified in Spanish)
- Lauren Henry, PhD
- Jessica Hawks, PhD
- Jacob Holzman, PhD
- Sarah Kennedy, PhD
- Mathew Luehring, PhD
- Ben Mullin, PhD
- Marissa Nunes Moreno, PhD

## Description of the rotation:

Interns will have the opportunity to provide evidence-based assessment and treatment to patients and families in the PMHI outpatient clinic throughout their training year. Children present to the PMHI outpatient clinic with a wide variety of presenting problems including behavior problems, anxiety, depression, trauma, and difficulties coping with comorbid medical conditions. Interns will be trained in innovative assessment approaches that incorporate transdiagnostic assessment principles as well as gain experience doing gender focused intakes. Opportunities to engage patients and families in treatment will include individual, family, and group-based therapies. Evidence-based approaches used in the PMHI outpatient clinic include behavior therapy, CBT, ACT, DBT, Motivational Interviewing, and Transdiagnostic interventions. Interns receive weekly supervision by a licensed psychologist as well as live supervision and biweekly case conferences during the Transdiagnostic Assessment training clinic to enhance skill development. Interns also have the opportunity to provide umbrella supervision to an extern throughout the training year.

